SOUTH HEARTLAND DISTRICT HEALTH DEPARTMENT

For 11.04.26

Board of Health

Clay County: United Church of Christ, 220 S. Alexander, Clay Center, NE 68933

November 4, 2026 8:30 a.m.

AGENDA		
Time	Topic, Lead Person	Expected Action/Outcomes
8:30 am	Welcome & Call Meeting to Order – President Sandra (Sam) Nejezchleb, Chair	1. Meeting Call to Order, Open Meeting Statement 2. Introductions/Roll Call 3. Approve Current Agenda – **Board Action (Roll Call Vote)** 4. Request for Board Conflict of Interest Declarations
	Prior to this meeting a notice was posted in the newspapers in Adams, Clay, Nuckolls, and Webster Counties and that each member of the Board received a copy of the proposed agenda. The agenda for this meeting was kept continuously current and was available for public inspection at the South Heartland District Health Department, 606 N. Minnesota Ave, Hastings, Nebraska, and on the South Heartland website: southheartlandhealth.ne.gov. This meeting is being held in open session. A copy of the Nebraska Open Meeting Law has been posted in this meeting room and is available for the public's review.	
	Public Comment	(Only for agenda items not related to a public hearing)
	September 2, 2026 Budget Hearing Meeting Minutes September 2, 2026 Board Meeting Minutes	Approve Minutes of September Budget and Regular Meetings – **Board Action (Roll Call Vote)**
	Financial Report – K. Derby Administration/Management - *PHAB Domain 10, SP Goal 4* • Financial Report (Current Funding Sources, Outstanding Invoices, Balance Sheets, Profit & Loss, Disbursements) Governance Function: *Resource Stewardship*	Awareness of financial health/funding sources/ budgetary needs; Grants/Funding/Contracts/Subawards Status **Board Action**: Financial Report is received and placed on file
	Finance Committee – C. Neumann • Audit Report – Hayes & Associates, LLC. • Changing Banks – Transition from Heritage to Pinnacle Governance Functions: *Policy Development; Legal Authority*	Approve 2026 annual Audit Report as presented **– Board Action (Roll Call Vote)** Approve authorizing K Derby to initiate transition to Pinnacle Bank **– Board Action (Roll Call Vote)**
	Policy Committee – N. Shackelford • New Policy: HR412 Policy on Committees • Reviewed/Removed Policies: HR 504 Wellness; HR 506 Safety • Reviewed/Revised/Removed Policies: HR 306 Dress Code; HR 315 Employee Badging • Administrative Preparedness and Emergency Support Procedures (includes financial components) Governance Functions: *Policy Development*	Adopt new/revised policies HR 412, HR 306, HR 315. **Board Action (Roll Call Vote)** Approve removal of policies HR 504 and 506. **Board Action (Roll Call Vote)** Approve Administrative Preparedness and Emergency Support Procedures - **Board Action (Roll Call Vote)**
	Communications from Exec. Director – M. Bever • Executive Director's Report Q and A • Annual Report to the Legislature Governance Functions*: Policy, Oversight, Legal Auth., Resource Stewardship*	**Informational**: Executive Director's report is received and placed on file
	Succession Committee – Dr. K. Amyot	**Informational:** Status of succession process
	Bi-Monthly Report from Staff • Executive Director's Report Q and A Governance Functions: *Partner Engagement, Oversight*	**Informational**: Bi-monthly report is received and placed on file
	Communications from Board Members - Chair • Community Outreach and Public Health Information Sharing • Report on SALBOH Conference – S. Nejezchleb • Community/County Updates - Board Members (All) • Announcements/Upcoming Events – Calendar (next page) - Chair Governance Function: *Partner Engagement*	• Board members share their community/county public health activities/issues and community or professional meeting updates • Receive information to promote or participate in upcoming events and share at their upcoming meetings.
	Resolution No. 2026-9 Honoring the 25th Anniversary of the formation of the South Heartland District Health Department. Governance Functions*: Legal Authority*	Adopt Resolution No. 2026-9 – **Board Action (Roll Call Vote)**
	Community Leader – • Guest Community Leader: Tim Anderson, Sutton Mayor; Warren Myers, Sutton City Administrator Governance Functions: *Partner Engagement*	**Informational:** Board learns about the community of Sutton's health and wellness needs, initiatives, and successes.
~10:30	**Adjourn**	**Board Action (Roll Call)** (Next Meeting January 6, 2027, Nuckolls County)
~10:30	Recognition Reception for the 25th Anniversary of the "initial" South Heartland District Health Department	

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SHDHD Calendar

Board Members - Please consider attending and/or helping us promote these upcoming events and observances:

1. Recommended Vaccines for Children and Adults: https://www.cdc.gov/vaccines/vpd/vaccines-age.html
   - Hastings/Adams County Immunization Clinic: Walk-In Vaccine Clinic for Adult and Children, Wednesdays 9 AM – 5 PM
   - Other locations for Vaccine for Children/Adults Programs in South Heartland District: Clay County Health Department (Clay Center), Brodstone Healthcare (Superior), Webster County Community Hospital (Red Cloud). For more information, visit our website: https://southheartlandhealth.ne.gov/
   2. Foot Clinics: Foot Clinics: Hastings - Nov. 3rd, 17th, Dec. 15th. Superior - Nov 24th, No clinic Dec. Contact Carmen McBride at 402-462-6211, for more information.
3. November is **Lung Cancer Awareness Month**: Highlights early detection, research, and support for those affected
4. November is **COPD Awareness Month**: Raises understanding of chronic obstructive pulmonary disease.
5. Health Insurance Enrollment: In November, SHDHD is raising awareness about our certified application counselor services to help community members enroll in Medicaid, Medicare, and the health insurance marketplace. Contact Sam Coutts at 402-462-6211 for more information.
6. November is **American Diabetes Month**: Focuses on diabetes education, prevention, and risk awareness. Diabetes Prevention / Take a Diabetes Risk Test: https://diabetesontrack.org/hastings/
   - Visit SHDHD's Smart Hub for Diabetes Prevention for resources on healthy eating, physical activity, risk test, where to get screened for diabetes risk, who can help, and more: southheartlandhealth.ne.gov
   - Ongoing: 'Smart Moves' Classes (Evidence-based Diabetes Prevention Program) – Contact Jessica Warner to find out more - 402-462-6211.
   - WeCAN MoveIT - Celebrating America's 250th Birthday with 2,500,000 minutes of community movement: Log your minutes of activity and help our health district reach 2.5M minutes of community movement: https://wellness-goal-tracker--terryjulian.replit.app/
7. National Handwashing Awareness Week (December 6-12): Emphasizes proper 20-second handwashing with soap and water to curb germ and virus transmission during winter. Practicing good hand hygiene is a simple yet effective way to prevent infections. Washing your hands regularly can prevent the spread of germs.
8. National Influenza Vaccination Week (December 6-12): Encourages annual seasonal flu shots to lower the risk of severe illness, hospitalization, and flu-related complications. Established by the CDC, this observance reminds everyone aged 6 months and older that it is not too late to get an annual flu shot as winter activity ramps up.
9. Where to get Blood Pressure Checks: See SHDHD's website: www.southeartlandhealth.ne.gov. for a list of locations (by county) offering blood pressure checks.
10. "Like" South Heartland's Facebook Page; "Follow us" on Instagram; Watch for notifications on our website homepage: https://southheartlandhealth.ne.gov/

SHDHD Board Meeting Calendar 2026-2027	
July 1, 2026	Webster County
September 2, 2026	Adams County
November 4, 2026	Clay County
January 6, 2027	Nuckolls County
March 3, 2027	Adams County
May 5, 2027	Webster County

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South Heartland's Guiding Principles:

- We are committed to the principles of public health and strive to be a credible, collaborative and stable resource in our communities.
- We seek to perform our duties in a courteous, efficient and effective manner within the limits of sound fiscal responsibility.
- We work together to create a positive environment, listening carefully and treating everyone with honesty, sensitivity, and respect.

Board of Health Principles of Good Faith*:

- Regularly attend and actively participate in board of health and committee meetings. If unable to attend, be able to provide a valid excuse for absence.
- Ensure that time at board of health meetings is set aside for updates on public health problems and what the health department is doing, or needs to do, in regard to such challenges.
- Have a thorough knowledge of the duties and provisions found in the bylaws and charter of the organization.
- Involve others in health department functions and funding efforts, special events, and activities to promote and support programs and services.
- Heed corporate affairs and keep informed of the central activities and operations of programs.
- Support majority opinions of the board.
- Advocate for public health by communicating regularly with community leaders and elected officials about perceived needs and possible resources.
- Ensure minimum statutory or technical requirements are met regarding filing annual report, withholding employee taxes, etc.
- Record personal conduct and register dissents in the minutes, or by letter.
- Avoid any semblance of self-dealing or enrichment; discourage any business transactions between directors and the organization.
- Accept no pecuniary profits except that which is expressly provided in compensation or reimbursement within the bylaws or laws of the city, county, and state.

*Board of Health Handbook, page 32

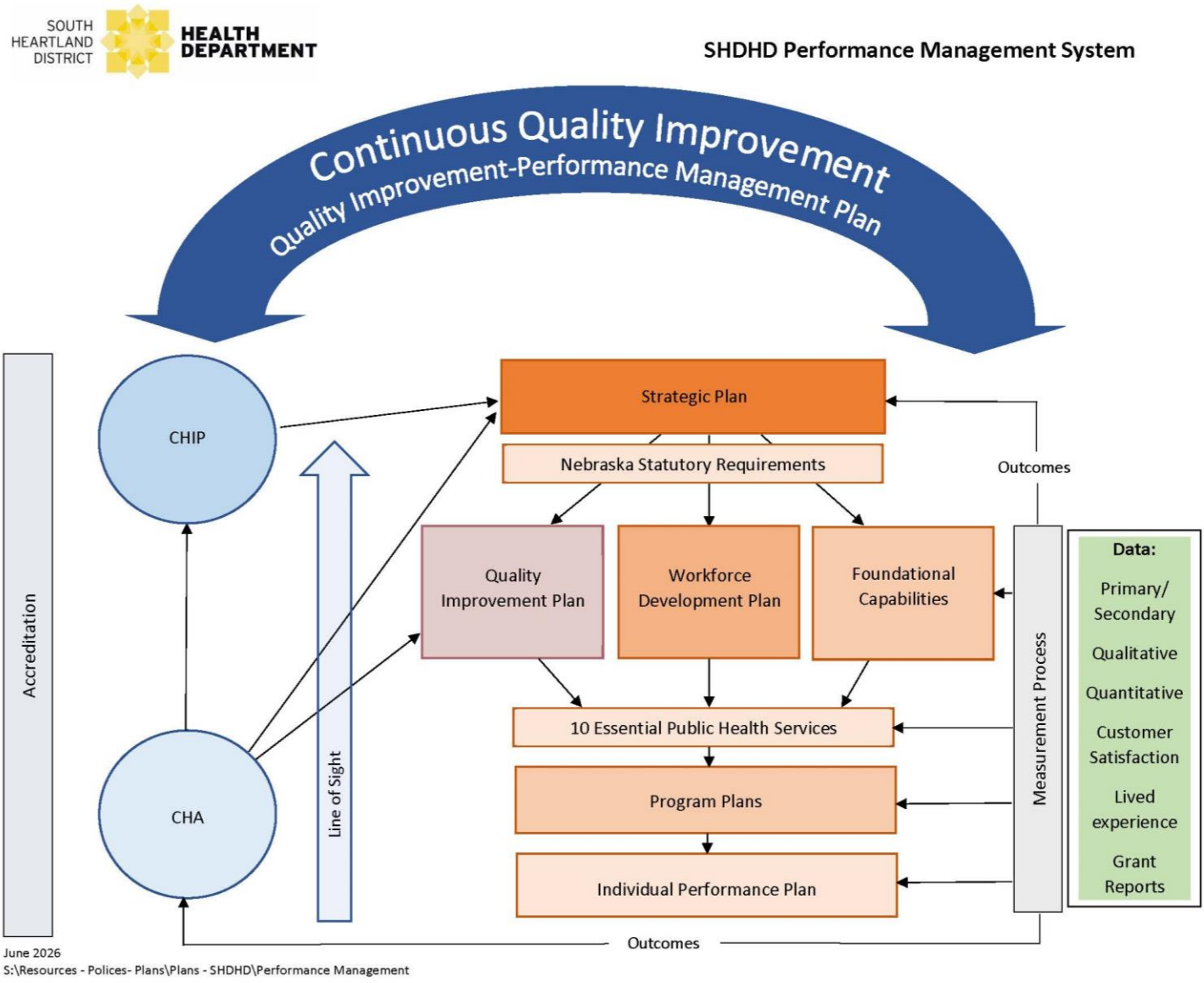
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South Heartland District Health Department Strategic Priorities 2026 - 2031

1. ***Strengthen Public Awareness and Strategic Communication:*** *Develop and implement a cohesive communication strategy to raise public awareness about SHDHD's work, build advocacy, and foster community engagement across all four counties.*
2. ***Enhance Collaboration:***
   Foster a culture of collaboration internally (staff and board) and externally (community partners) to maximize the use of resources and increase program effectiveness.
3. ***Secure and Diversify Funding:***
   Develop strategies for sustainable funding by maintaining current funding sources, seeking new opportunities (public and private), and improving internal efficiency.
4. ***Invest in Workforce and Governance:***
   Prioritize staff and board development, with an emphasis on training, engagement, retention, and succession planning to build a resilient organization.
5. ***Equitable Service Delivery and Community Impact:***
   Ensure equitable distribution of services and resources across all counties and communities, tailored to local needs through targeted outreach, addressing social determinants of health, and leveraging trusted partnerships.

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SHDHD Performance Management System Framework



The Governance Functions

NALBOH is the national voice for the boards that govern health departments and shape public health policy. Since its inception, NALBOH has connected with board of health members and elected officials from across the country to inform, guide, and help them fulfill their public health responsibilities in their states and communities. Driven by a mission to strengthen and improve public health governance, NALBOH worked with CDC and other national partners to identify, review, and develop the following model of six functions of public health governance.

Policy development: Lead and contribute to the development of policies that protect, promote, and improve public health while ensuring that the agency and its components remain consistent with the laws and rules (local, state, and federal) to which it is subject. These may include, but are not limited to:

- Developing internal and external policies that support public health agency goals and utilize the best available evidence;
- Adopting and ensuring enforcement of regulations that protect the health of the community;
- Developing and regularly updating vision, mission, goals, measurable outcomes, and values statements;
- Setting short- and long-term priorities and strategic plans;
- Ensuring that necessary policies exist, new policies are proposed/implemented where needed, and existing policies reflect evidence-based public health practices; and
- Evaluating existing policies on a regular basis to ensure that they are based on the best available evidence for public health practice.

Resource stewardship: Assure the availability of adequate resources (legal, financial, human, technological, and material) to perform essential public health services. These may include, but are not limited to:

- Ensuring adequate facilities and legal resources;
- Developing agreements to streamline cross-jurisdictional sharing of resources with neighboring governing entities;
- Developing or approving a budget that is aligned with identified agency needs;
- Engaging in sound long-range fiscal planning as part of strategic planning efforts;
- Exercising fiduciary care of the funds entrusted to the agency for its use; and
- Advocating for necessary funding to sustain public health agency activities, when appropriate, from approving/appropriating authorities.

Legal authority: Exercise legal authority as applicable by law and understand the roles, responsibilities, obligations, and functions of the governing body, health officer, and agency staff. These may include, but are not limited to:

- Ensuring that the governing body and its agency act ethically within the laws and rules (local, state, and federal) to which it is subject;
- Providing or arranging for the provision of quality core services to the population as mandated by law, through the public health agency or other implementing body; and
- Engaging legal counsel when appropriate.

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Partner engagement: Build and strengthen community partnerships through education and engagement to ensure the collaboration of all relevant stakeholders in promoting and protecting the community's health. These may include, but are not limited to:

- Representing a broad cross-section of the community;
- Leading and fully participating in open, constructive dialogue with a broad cross-section of members of the community regarding public health issues;
- Serving as a strong link between the public health agency, the community, and other stakeholder organizations; and
- Building linkages between the public and partners that can mitigate negative impacts and emphasize positive impacts of current health trends.

Continuous improvement: Routinely evaluate, monitor, and set measurable outcomes for improving community health status and the public health agency's/governing body's own ability to meet its responsibilities. These may include, but are not limited to:

- Assessing the health status of the community and achievement of the public health agency's mission, including setting targets for quality and performance improvement;
- Supporting a culture of quality improvement within the governing body and at the public health agency;
- Holding governing body members and the health director/health officer to high performance standards and evaluating their effectiveness;
- Examining structure, compensation, and core functions and roles of the governing body and the public health agency on a regular basis; and
- Providing orientation and ongoing professional development for governing body members.

Oversight: Assume ultimate responsibility for public health performance in the community by providing necessary leadership and guidance in order to support the public health agency in achieving measurable outcomes. These may include, but are not limited to:

- Assuming individual responsibility, as members of the governing body, for actively participating in governing entity activities to fulfill the core functions;
- Evaluating professional competencies and job descriptions of the health director/health officer to ensure that mandates are being met and quality services are being provided for fair compensation;
- Maintaining a good relationship with health director/health officer in a culture of mutual trust to ensure that public health rules are administered/enforced appropriately;
- Hiring and regularly evaluating the performance of the health director; and
- Acting as a go-between for the public health agency and elected officials when appropriate.

All public health governing entities are responsible for some aspects of each function. No one function is more important than another. For more information about the six governance functions, please visit www.nalboh.org.

Approved by the NALBOH Board of Directors – November 2012

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